



## **2022 Congressional Wrestling Caucus Breakfast & Girls Wrestling Advocacy Day on Capitol Hill**

Capitol Hill, Washington D.C. – Wrestle Like A Girl, led by Team USA bronze medalist, Sally Roberts, is hosting the 2022 Congressional Wrestling Caucus + Girls Wrestling Advocacy Day on Capitol Hill on September 21, 2022.

Wrestle Like A Girl (WLAG) is celebrating 50 years of Title IX by leading an initiative to empower girls and women using the sport of wrestling. WLAG will be guiding a delegation of over 140 girls from key states, as they use their voices to advocate for increased support and opportunities in sports in their home states.

The focus of the event is education and advocacy meetings with Members of Congress from the 14 currently unsanctioned states (Alabama, Delaware, Indiana, Kentucky, Louisiana, New Hampshire, Mississippi, New York, Pennsylvania, Rhode Island, South Carolina, Vermont, Virginia, and West Virginia.) The athletes will lead conversations on increasing opportunities through legislative support.

“Girls deserve fair and equitable sporting chances, including the opportunity to wrestle against other girls. The 50<sup>th</sup> Anniversary of Title IX, the landmark legislation that opened doors of opportunity for girls in sports, is the perfect time to acknowledge that. Wrestling helps to unlock and unleash the untapped potential of American girls, opening doors for our next generation of female leaders” – Sally Roberts

At the scholastic level, wrestling is currently a co-ed sport in the 14 unsanctioned states, which can increase injury rates for girl wrestlers. With the approval of girls’ wrestling as an official high school-sanctioned sport, girls will wrestle other girls. Given proper resources to compete and train with other girls, wrestling participation will continue to increase. Wrestle Like A Girl supports the growth of women’s collegiate wrestling from 20 to 112 over the last 6 years supporting the financial, educational, and social mobility of the girls and women who wrestle.

### **About Wrestle Like A Girl**

Wrestle Like A Girl, a 501(c)3 founded in 2016, is led by Team USA bronze medalist, Sally Roberts, with a mission to empower girls and women using the sport of wrestling to become leaders in life. Through Advocacy and Education, Programs, and Research, WLAG leads and supports policies that champion the inclusion of girls and women in wrestling, advocates for a healthier wrestling culture, and leads projects that reduce barriers to entry while increasing opportunities. Learn more at [www.wrestlelikeagirl.org](http://www.wrestlelikeagirl.org) or follow @wrestlelikeagirl\_ on Instagram and @WrstleLikeAGirl on Twitter.