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OLYMPIAN HELEN MAROULIS ELECTED TO THE BOARD OF TRUSTEES FOR WRESTLE LIKE A GIRL

(WASHINGTON, DC) – Wrestle Like A Girl (WLAG) is pleased to announce that Olympian and three-time World Champion Ms. Helen Maroulis was elected to the Board of Trustees.

In 2016, Ms. Maroulis became the first-ever American woman to win Olympic gold in freestyle wrestling. Her path back to the 2021 Tokyo Olympics was made more difficult by a pair of concussions suffered in 2018 and a grueling experience with PTSD. Despite the long odds, Ms. Maroulis preserved and earned a bronze medal.

“We are delighted to welcome Helen to the WLAG board,” said WLAG Board Chairwoman Ms. Maryann Bruce. “Her extraordinary athletic achievements and ability to overcome adversity, her experience serving on other national nonprofit boards, and her commitment to the wrestling community as a US women’s wrestling athlete representative and United World Wrestling ambassador will serve our organization extremely well.”

Ms. Maroulis attended Missouri Baptist University before transferring to Simon Fraser University in Canada, where she earned a Bachelor of Arts in Communication.

WLAG’s CEO Sally Roberts said, “I admire Helen’s resilience, grit, and sacrifice. She is an incredible role model. We’re honored that she is lending her expertise to help WLAG with its advocacy initiatives, educational programs, and empowerment camps that introduce girls and young women to wrestling skills and techniques and health and wellness. We look forward to Helen’s leadership as we continue to increase access, opportunities, and participation for girls wrestling worldwide.”

About Wrestle Like A Girl

Wrestle Like A Girl, Inc. is a 501(c)(3) whose mission is to empower girls and women using the sport of wrestling to become leaders in life. More information is available at: WrestleLikeAGirl.Org.